

# What are Aging & Disability Resource Centers (ADRCs)?

- ADRCs are a one-stop shop for Wisconsin residents providing unbiased information related to aging or living with a disability. Our goal is to help people maintain their independence by connecting them with the right resources.

# ADRCs

- ADRC's are available statewide in Wisconsin
- Welcoming, local office in every county
- Unbiased decision support
- Live person answers the phone
- Voluntary, ready to help when people want help
- Free of charge, some donation-based services
- Here to get your questions answered, navigate problems, and find options and services

# Who do we serve?

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- ❑ Older adults
- ❑ People with disabilities
- ❑ Families
- ❑ Friends/Neighbors
- ❑ Caregivers
- ❑ Other professionals/agencies helping people

# What types of resources can the ADRC provide information about?

- In-home personal care
- Housekeeping services
- Housing options
- Home modifications
- Adaptive equipment
- Transportation
- Nutrition
- Foodshare
- Dementia education
- Medicare, Medicaid, Social Security
- Caregiver supports and respite
- Energy Assistance
- Long Term Care
- Support Groups

# What types of services can the ADRC provide?

- Meals on Wheels, Senior Dining, Commodities
- Transportation
- Daybreak Respite
- Dementia Care Specialist
- Medical Equipment Loans
- Healthy Aging Workshops
- Benefits Assistance
- Online Resource Database

# Contact Us

- Phone, walk-in, home visit, other
- ADRC-Barron & Rusk Counties 888-538-3031
- [adrcconnections.org](http://adrcconnections.org)
- @adrcbarron
- Review newspaper
- Local offices in Barron and Ladysmith – Government Centers