

**AAMA APPROVAL
FOR 4 CEU HOURS**

Certified Medical Assistant Conference

Healthy Aging - Caring for the Older Population

This program is designed to enhance the learning of Certified Medical Assistants (CMAs) working in area health facilities by providing new information on current trends in healthcare.

Proudly sponsored by Northwood Tech.



Web Conferencing via Zoom

Saturday, February 8, 2025

8:00 a.m. - 12:00 p.m.

Conference Agenda

- 8:00 - 8:10 a.m. Welcome and Announcements
- 8:10 - 9:00 a.m. **General ADRC Overview as it Pertains to Medical Assistants**
Presented by Sue Allyn
- 9:00 - 9:10 a.m. Break
- 9:10 - 10:00 a.m. **Dementia 101**
Presented by Trisha Witham
- 10:00 - 10:10 a.m. Break
- 10:10 a.m. - 11:00 p.m. ... **For the Health of It: ADRC Healthy Living Program**
Presented by Alisa Lammers
- 11 a.m. - 11:10 a.m. Break
- 11:10 a.m. - 12 p.m. **Dementia Live**
Presented by Trisha Witham
- 12:00 p.m. Wrap up and Evaluations

Program Learning Objectives

8:10 a.m. - 9 a.m.

General ADRC Overview as it Pertains to Medical Assistants

Sue Allyn, Information & Assistance Specialist, Licensed Social Worker, Barron County Aging & Disability Resource Center

Objectives:

- Medical Assistants will obtain understanding of the ADRC's resources.
- Medical Assistants will utilize the ADRC process of when to make referrals.
- Medical Assistants will engage in communication with best practices as to when to contact the ADRC.

9:10 a.m. - 10 a.m.

Dementia 101

Trisha Witham, Dementia Care Specialist, Aging & Disability Resource Center of Barron & Rusk Counties

Objectives:

- Identify the differences between the most common causes of dementia.
- Use effective communication with people living with dementia.
- Understand how dementia impacts the brain.

10:10 a.m. - 11 a.m.

For the Health of It: ADRC Healthy Living Programs

Alisa Lammers, B.S., Caregiver Specialist & Health Promotions Coordinator, ADRC

Objectives:

- Identify at least three evidence-based healthy living programs offered by the Aging and Disability Resource Center (ADRC) that can benefit patients with chronic conditions.
- Explain the key components and potential health outcomes of one ADRC healthy living program in detail, enabling effective patient referrals and support.
- Demonstrate the ability to assess which patients may benefit most from ADRC healthy living programs and outline the referral process.

11:10 a.m. - 12 p.m.

Dementia Live

Trisha Witham, Dementia Care Specialist, Aging & Disability Resource Center of Barron & Rusk Counties

Objectives:

- Understand how dementia affects the senses of people living with dementia.
- Gain empathy for people living with dementia.
- Understand how dementia impacts memory.