

Join the Douglas County
Caregiver Coalition as we host the spring Caregiver Conference! This in-person event will include four educational sessions on topics important for caregivers and families, plus snacks, an on-site resource fair, and conference materials and resources.

Also offered Online Live via Zoom.

### **Program notes:**

- Online live links will be emailed to students 1-2 days prior to the event.
- Watch parties will be held in some communities around Northwest Wisconsin. Communication regarding specific locations and how to RSVP for a watch party will be provided directly from the local organizations hosting each event.

#### **Conference Fees:**

Family Caregiver: \$21 | \$6.38 (62+)

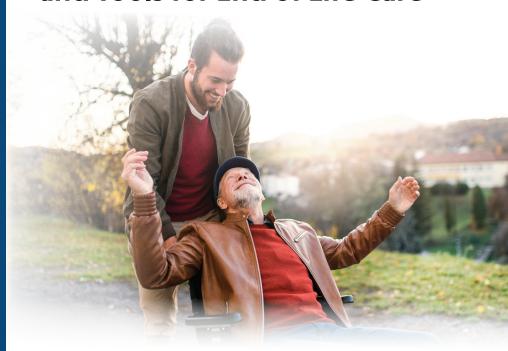
Professional Caregiver: \$35 | \$20.28 (62+)

Hosted by the Douglas County Caregiver Coalition.



### **Spring Caregiver Conference**

# Keeping the Brain Healthy: Tips and Tools for End of Life Care



# Thursday, May 9, 2024

1 p.m. - 5 p.m.

Northwood Technical College — Conference Center 600 N. 21st Street, Superior, WI

## **Conference Agenda**

12:30 - 1 p.m	Resource Fair/Registration Check-In
1 - 1:05 p.m	Welcome
1:05 - 2 p.m	Keynote Presentation: Our Aging Brain:
	What is Typical and When to be
	Concerned by Sheri Fairman
2 - 2:10 p.m	Break
2:10 - 3 p.m	WI Advance Directive Forms - What Are
	They and What Do I Need? by Yvonne
	Michaud Novak
3 - 3:10 p.m	Break
3:10 - 4 p.m	<b>Providing Compassionate Care at End of</b>
	<b>Life</b> by Lynae Bednar & Rachael Wenner
4 - 4:10 p.m	Break
4:10 - 5 p.m	End of Life Nutrition by Jill Ortloff
5 - 5:30 p.m	Resource Fair
4:10 - 5 p.m	Break End of Life Nutrition by Jill Ortloff

# **Spring Caregiver Conference**

**Session Descriptions** 



Keynote: Our Aging Brain: What is Typical and When to be Concerned Sheri Fairman, Consultant and Owner, Dementia

Care Solutions, LLC

What is typical and when should we be concerned? If thinking and memory problems arise, can it be something reversible? YES! Learn about the causes of these symptoms, what you can do to improve them, and how to know if it's something more serious.

Sheri Fairman has a Master's degree in Social work with over 14 years of experience working with the elderly and their care partners. She is a Certified Independent Champion Teacher, Trainer, Consultant and Coach with Teepa Snow's Positive Approach to Care and works as a Mentor on her team. Fairman is the owner of Dementia Care Solutions and provides consulting, coaching, training, and presentation services specific to quality dementia care. Sheri has developed an approach to dementia care called the Fish Approach. This is a communication focused approach to dementia care allowing care partners to identify their own verbal interactions and how to make a shift to better support people living with dementia.



# WI Advance Directive Forms- What Are They and What Do I Need?

Yvonne Michaud Novak, Attorney

An advance directive describes, in writing, treatments you want or don't want. It tells others what to do with your care if you get injured and can't express your wishes. Advance Directive forms include a Living Will, a Power of Attorney for Health Care, a Power of Attorney for Finance and Property, and Authorization for Final Disposition. In this session, you'll learn to differentiate between the various forms of advance directives, learn what is required to make the directive legally enforceable, and discuss how to talk to a person about the need for advance directives.

### **Providing Compassionate Care at End of Life**

Lynae Bednar, RN- Regional Director of Clinical Operations; Rachael Wenner, Funeral Director, and Regional Director of Business Development, Moments Hospice

This education will provide caregivers with basic knowledge of the dying process and ways to identify pain, disease progression and symptoms. Basic caregiving techniques will be covered as well as an introduction to Namaste Care. Knowledge about end-of-life cares helps caregivers have confidence and provide the best quality of care for the terminally ill.

### **End of Life Nutrition**

Jill Ortloff, Licensed Registered Dietitian, St. Croix Hospice

Are you prepared to discuss end of life nutrition with a patient or loved one? This presentation will discuss how to approach this tough conversation. You'll learn about the impact of nutrition and hydration on patient comfort at end of life, nutrition related signs and symptoms that may trigger a hospice referral, the role of a hospice dietitian, and much more.



### **REGISTRATION FORM**

for Continuing Education (non-credit) Courses

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**ONLINE** 

bit.ly/superiorcaregiver2024

Send registration & payment to Superior Campus



Northwood Tech 600 N. 21st St. Superior, WI 54880

### Thursday, May 9, 2024

Attend Virtually or In-Person!



# Keeping the Brain Healthy: Tips and Tools for End of Life Care

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Thank you to our conference sponsors. For a full list, please visit the event page.







Visit the event page:

bit.ly/superiorcaregiver2024