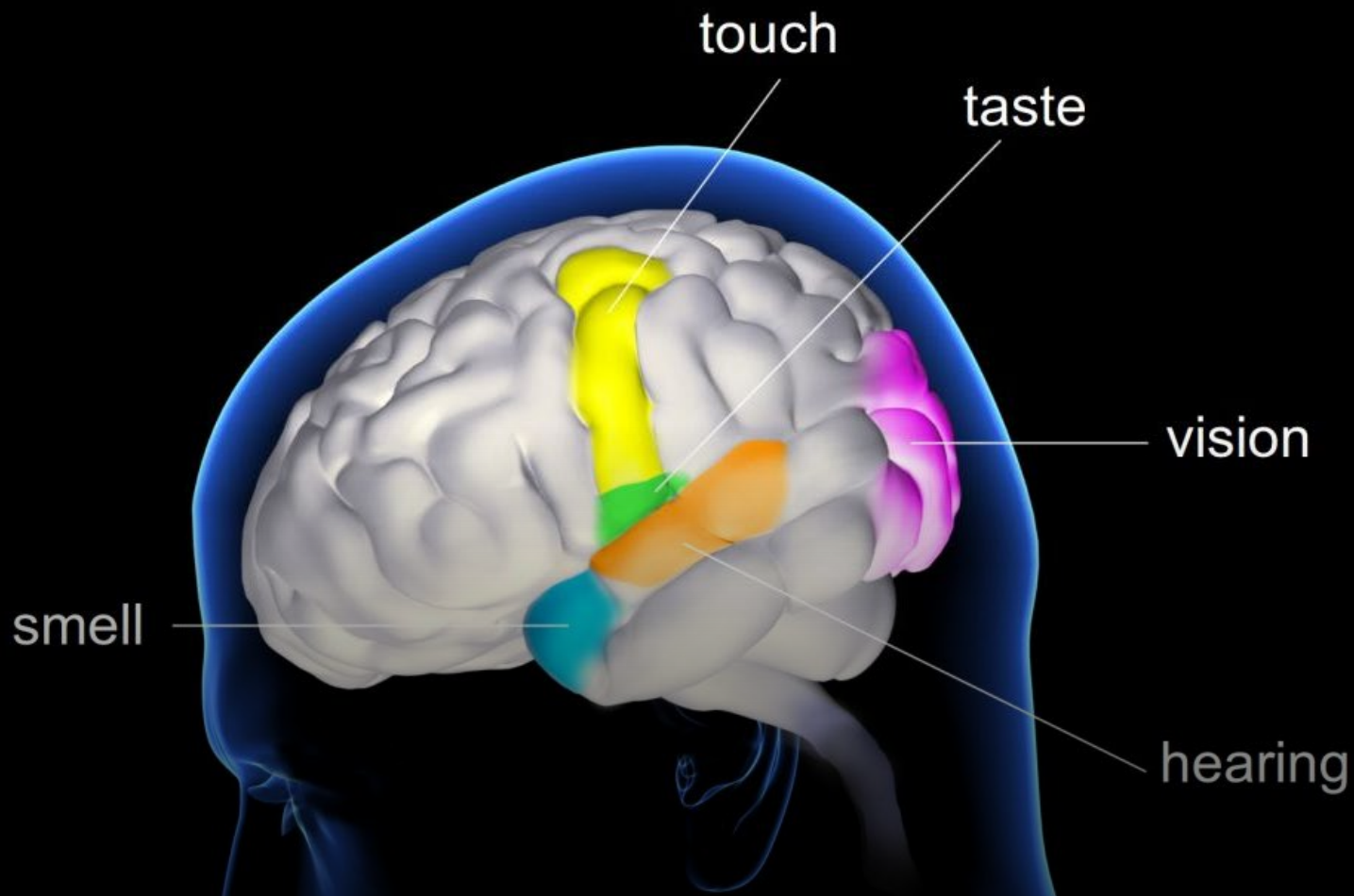


DEMENTIA Live®

The Virtual Experience





HOW DEMENTIA AFFECTS PERCEPTION



Perception of the Environment

- Sensory Overload
- Out of Sight Out of Mind
- Tunnel Vision
- Depth Perception Problems
- Preoccupation w/Small or Busy Patterns
- Visual Cliffs
- Loss of Reading Skills
- Visual Cues
- Repetitive Themes
- Heightened Intuition







WHAT YOU WILL NEED:

- Sunglasses
- Pair of gloves
- Glass of water, tea, coffee or other beverage
- Wallet or purse (with wallet inside)
- Pad of paper, pen and paperclips
- Sticky notes
- Cell phone
- Magazine

ARE YOU READY? FOLLOW ALONG WITH ME...



HOW ARE YOU FEELING?

- Angry
- Bored
- Determined
- Inadequate
- Lost
- Scared
- Terrified
- Annoyed
- Confused
- Foolish
- Irritated
- Irritated
- Miserable
- Silly
- Worried
- Anxious
- Depressed
- Frustrated
- Lonely
- Overwhelmed
- Tense
- Worthless

NEVER UNDERESTIMATE THE POWER OF YOUR...

- Facial expression
- Tone of voice
- Body language



ELEVATING UNDERSTANDING..EMPATHY



Show kindness and empathy to others by:

- Being present and in the moment
- Accepting their reality
- Use words of encouragement
- Share a touch
- Listen with genuine interest
- Show sensitivity in all forms of communication
- Express a genuine desire to help

DEMENTIA CARE SPECIALIST PROGRAM

The Dementia Care Specialist (DCS) Program supports people with dementia and their caregivers in order to ensure the highest quality of life possible while living at home. In order to accomplish this, the dementia care specialists (DCS):

1. Provide information and assistance to adults with memory loss/cognitive concerns, or who have been given a dementia diagnosis.
2. Provide information and support to family members and friends who are caregivers.
3. Help create awareness and dementia friendly communities where people living with dementia can remain active and safe, and caregivers can feel supported.
4. Train other staff at ADRCs, county and municipal offices to be dementia capable.