



COMMUNITY RESOURCES BY LOCATION

Northwood Technical College
Updated 09.14.2023

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Ashland Campus & Hayward Outreach Center

On Campus Resources

Jessica Clark, College Health Nurse. Jessica.Clark@NorthwoodTech.edu. 715.685.3015

Katie Rybak, Counselor. Katie.Rybak@NorthwoodTech.edu. 715.319.7273

Scott Leonard, Counselor. Scott.Leonard@NorthwoodTech.edu. 715.685.3033

Virtual Care Group Free unlimited access to therapists and on-demand crisis counseling

Alcohol and Drug Abuse Counseling Services

Memorial Medical Center Behavioral Health & Services

1615 Maple Lane
Ashland, WI 54806
715.685.5400

Lac Court Oreilles Community Health Center

13380 West Trepania Road
Hayward, WI. 54843
715.638.5100

Bad River Health & Wellness
53585 Nokomis Rd.
Ashland, WI 54806
715.682.7133

NorthLakes Community Clinic-Recovery

300 Main Street East
Ashland, WI 54806
888.834.4551 or 715.685.2200
Offering Recovery Services in the following locations:
Ashland, Hayward, Lakewood, and Turtle Lake

Red Cliff Community Health Center
36745 Aiken Road
Bayfield, WI
715.779.3707

SAMHSA National Helpline
800.662.HELP (4357)

Health Clinics

Bad River Health & Wellness
53585 Nokomis Rd.
Odanah, WI 54861
715.682.7133

St. Luke's Chequamegon Clinic
2201 Lake Shore Drive East
Ashland, WI 54806
715.685.6600

Essentia Health
1615 Maple Lane, Suite 1
Ashland, WI 54806
715.685.7500 or 844.232.9262

11134 N State Road 77
Hayward, WI 54843
715.634.5505 or 844.232.9262

Red Cliff Community Health Center
36745 Aiken Road
Bayfield, WI 54814
715.779.3707

<p>Main Street Clinic 1001 Main Street West Ashland, WI 54806 715.682.5601</p>	<p>Northlakes Community Clinic 300 Main Street W Ashland, WI 54806 888.834.4551 or 715.685.2200</p>
<p>Health Care Clinic <i>Reproductive Health</i> 422 3rd Street West, Suite 205 Ashland, WI 54806 715.682.9596</p>	<p>11128N State Hwy. 77 Hayward, WI 54843 715.634.2541</p>
<p>Iron County Health Department <i>Reproductive Health Clinic</i> 210 5th Ave N Hurley, WI 54534 715.561.2191</p>	<p>Lac Courte Oreilles Community Health Center 13380 W Trepania Rd. Hayward, Wisconsin 54843 715.638.5100</p>
<p>Aspirus Health 501 Granite Street Hurley, WI 54534 715.561.2255</p>	<p>Marshfield Clinic 10212N N Greenwood Ln Hayward, WI 54843 715.634.6520</p>

Mental Health/Behavioral Health/Counseling Services

<p>Memorial Medical Center Behavioral Health & Services 1635 Maple Lane Ashland, WI 54806 715.685.5400</p>	<p>NorthLakes Community Clinic 300 Main Street East Ashland, WI 54806 888.834.4551 or 715.685.2200</p> <p><i>Offering Mental Health Services in the following locations:</i> Ashland, Birchwood, Hayward, Hurley, Iron River, Lakewood, Minong, Park Falls, Turtle Lake, Washburn, White Lake</p>
<p>Northland Counseling Services 1619 W. 3rd Street Ashland, WI 54806 715.682.2141</p> <p>10752 Beal Ave. Hayward, WI 54843 715.634.0222</p> <p><i>Also offering services in Washburn, Hurley, and Eagle River</i></p>	<p>SOAR Services, Inc. <i>Locations in:</i> Ashland, Hayward, Superior, Park Falls, Siren, and Shell Lake 715.468.2841</p>

<p>Bad River Health & Wellness 53585 Nokomis Rd. Ashland, WI 54806 715.682.7133</p>	<p>Lac Court Oreilles Community Health Center-Behavioral Health 13447 W County Rd B Hayward, WI. 54843 715.558.7883 24/7 Emergency Assistance: 715.699.3970</p>
<p>Red Cliff Community Health Center-Behavioral Health 36745 Aiken Road Bayfield, WI 54814 715.779.3707</p>	<p>Northern Wisconsin Mental Health Crisis Line: 866.317.9362 TXT4Life Crisis Text Line: Text the word "LIFE" to 741741 National Suicide Prevention Lifeline: 800.273.8255 Suicide & Crisis Lifeline Call or text 988</p>
Sexual Assault/Violence and Domestic Violence Resources	
<p>Bad River Domestic Violence Zhawenindig Program 53755 Oak St. Ashland, WI 54806 715.682.7151</p>	<p>Center Against Sexual and Domestic Abuse (CASDA) 800.649.2921</p>
<p>Domestic Violence Escape, Inc. (D.O.V.E.) Ironwood, MI 906.932.0310</p>	<p>New Day Advocacy Center 301 Ellis Ave Ashland, WI 54806 715.682.9565 or 800.924.4132</p>
<p>Red Cliff Family Violence Prevention Program 88385 Pike Road Bayfield, WI 54814 715.779.3706</p>	<p>Lac Courte Oreilles Oakwood Haven Domestic and Sexual Violence Shelter Hayward, WI 54843 800.796.9603 or 715.598.8385</p>

New Richmond Campus & Balsam Lake Outreach Center

On Campus Resources

Stephanie Gullickson, College Health Nurse. stephanie.gullickson@northwoodtech.edu.

715.246.1827

Brian Vrtis, Counselor. brian.vrtis@northwoodtech.edu. 715.752.8086

Kristin Nelson, Counselor. Kristin.Nelson@northwoodtech.edu. 715.246.1888

Rena Arneberg, Counselor. Rena.Arneberg@northwoodtech.edu. 715.752.8499

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Alcohol and Drug Abuse Counseling Services

Burkwood Treatment Center
615 Old Mill Road
Hudson, WI 54016
715.954.5653

Hazelton Betty Ford Foundation
15251 Pleasant Valley Road
Center City, MN 55012
877.793.5205

Health Clinics

Barron County Public Health
335 E. Monroe Ave., Rm 338
Barron, WI 54812
715.537.5691

Chippewa Valley Free Clinic
1030 Oak Ridge Drive
Eau Claire, WI 54701
715.839.8477

Dunn County Public Health
3001 US Hwy 12 East, Suite 032
Menomonie, WI 54751
715.232.2388

Free Clinic of the Menomonie Area
2321 Stout Rd. Level A
Menomonie, WI 54751
715.308.3808

Free Clinic Pierce & St. Croix Counties
1629 East Division Street. Door #16
River Falls, WI 54022
715.307.3948

Pierce County Public Health
412 W. Kinne Street
P.O. Box 238
Ellsworth, WI 54011
715.273.6755

Polk County Public Health
100 Polk County Plaza, Suite 180
Balsam Lake, WI 54810
715.485.8400

St. Croix County Public Health
1752 Dorset Lane
New Richmond, WI 54017
715.246.8263

Mental Health/Behavioral Health/Counseling Services

<p>Polk County Behavioral Health Department 100 Polk County Plaza, Suite 50 Balsam Lake, WI 54810 715.485.8400</p>	<p>St. Croix Regional Medical Center Counseling & Psychological Services 715.483.3221 800.828.3627</p>
<p>Pierce County Behavioral Health 715.273.6770 888.552.6642 for 24 hour immediate assistance</p>	<p>Family Therapy Associates 150 West First Street, Suite 270 New Richmond, WI 54017 715.246.4840</p>
<p>Family Means 1200 Hosford, Suite 201 Hudson, WI 651.439.4840</p>	<p>St. Croix County Behavioral Health Services 1752 Dorset Lane New Richmond, WI 54017 715.246.8255</p>
<p>Hudson Counseling Services 901 Dominion Dr. Hudson, WI 54016 715.808.8070</p>	

Sexual Assault/Violence and Domestic Violence Resources

<p>Turning Point for Victims of Domestic Abuse 117 North Main St. River Falls, WI 54022 715.425.6751 Crisis Line: 800.345.5104 Text hotline: 715.821.8626</p>	<p>Tubman 4432 Chicago Avenue, Suite 1 Minneapolis, MN 55407 612.870.2426</p>
<p>Community Referral Agency P.O. Box 365 Milltown, WI 54858 715.825.4404</p>	<p>St Croix Valley Sexual Assault Response Team 1200 Hosford Street, Suite 203 Hudson, WI 54016 715.425.6443 24/7 Help & Support Line</p>
<p>St. Croix Victim Witness Assistance Program Suite 1270 – Government Center 1101 Carmichael Rd. Hudson, WI 54016 715.386.4666</p>	

Rice Lake Campus & Ladysmith Outreach Center

On Campus Resources

Syna Carlton, College Health Nurse. Syna.Carlton@NorthwoodTech.edu. 715.788.7134

Rachel Berg, Counselor. Rachel.Berg@NorthwoodTech.edu. 715.788.7126

Catrina Everitt, Counselor. Catrina.Everitt@NorthwoodTech.edu 715.788.7154

Aaron Staut, Counselor. Aaron.Staut@NorthwoodTech.edu. 715.788.7038

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Alcohol and Drug Abuse Counseling Services

Marshfield Clinic Lakewoods Center Behavioral Health
1215 W. Knapp St.
Rice Lake, WI 54868
715.236.4450

Ladysmith Alcohol and Drug Recovery Center
1000 W. College Avenue
Ladysmith, WI 54848
715.532.2373

Health Clinics

Rice Lake Area Free Clinic
Medical Arts Building
1035 N. Main St., Suite G02
Rice Lake, WI 54868
715.736.3733

Marshfield Clinic
906 College Ave. W.
Ladysmith, WI 54848
715.532.2300

Marshfield Clinic
1700 W. Stout St.
Rice Lake, WI 54868
715.236.8100

Mayo Clinic Health System
331 S. Main St., Suite H
Rice Lake, WI 54868
715.236.8500 or 715.236.8545

Mental Health/Behavioral Health/Counseling Services

Aging and Disability Resource Center - Washburn County
Spooner Annex Building
850 W. Beaverbrook Ave., Suite 4
Spooner, WI 54801
715.635.4460 or 888.538.3031

Aging and Disability Resource Center - Barron County
Government Center
335 E. Monroe Ave., Room 100
Barron, WI 54812
715.537.6225 or 888.538.3031

Aging and Disability Resource Center - Rusk County Courthouse
311 Miner Ave. East
Ladysmith, WI 54848
715.532.2176 or 888.538.3031

Mayo Health System - Northland Rice Lake Counseling Services
331 S. Main St., Suite H
Rice Lake, WI 54868
715.236.8500

Division of Vocational Rehabilitation
Serving Individuals with Disabilities
1104 Lake Ave. West, Suite 2
Ladysmith, WI 54848
715.532.2709 or 877.387.3879

Emergency Mental Health/Suicide Crisis Hotline
Serving Barron, Polk & Washburn Counties
888.552.6642

<p>Barron County Job Center 331 South Main St., Suite 6 Rice Lake, WI 54868 715.234.6302 or 800.228.2587</p>	<p>Marshfield Clinic Lakewoods Center Behavioral Health 1215 W. Knapp St. Rice Lake, WI 54868 715.236.4450</p>
<p>Aurora Community Counseling 108 W. 2nd St. North Ladysmith, WI 54848 715.532.9771</p>	<p>Barron County Department of Health & Human Services Government Center 335 E. Monroe Ave., Room 338 Barron, WI 54812 715.537.5691</p> <p>View: Barron County Department of Health & Human Services</p>
<p>Clinic for Christian Counseling, LLC 12 W. Marshall St., Suite 201 Rice Lake, WI 54868 715.832.1678</p> <p>Clinic for Christian Counseling, LLC 3410 Oakwood Mall Drive, Suite 700 Eau Claire, WI 54701 715.832.1678</p>	<p>Rusk County Department of Health & Human Services 311 E. Miner Ave Ladysmith, WI 54848 715.532.2299</p>
<h3 style="background-color: #a6c9ff; color: white; padding: 5px;">Sexual Assault/Violence and Domestic Violence Resources</h3>	
<p>Community Referral Agency P.O. Box 365 Milltown, WI 54858 715.651.4969 or 800.261.7233 Text: 715.553.3359</p>	<p>EMBRACE Barron County Outreach Office 12 W Marshall St Suite, 105 Rice Lake, WI 54868 Office: 715.537.6334</p>
	<p>Rusk County Office & Safe Shelter 107 Lindoo Ave East Ladysmith, WI 54848 Call/Crisis 800.924.0556 or text 24/7 715.532.6976</p>

Superior Campus Community Resources

On Campus Resources

Jenny Feehan, College Health Nurse. Jenny.Feehan@NorthwoodTech.edu. 715.752.8477

Kent Lundahl, Counselor. Kent.Lundahl@NorthwoodTech.edu. 715.319.7333

Dede Maki, Counselor. Dede.Maki@NorthwoodTech.edu. 715.319.7334

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Alcohol and Drug Abuse Counseling Services

Center for Alcohol and Drug Treatment

1402 East Superior Street
Duluth, MN 55805
218.723.8444

Health Clinics

Duluth Family Medicine Clinic

330 North 8th Avenue East
Duluth, MN 55805
218.723.1112

Health Care Clinic

Reproductive Health
1406 Belknap Street
Superior, WI 54880
715.394.4117

Essentia Health St Mary's Medical Center

402 E 2nd Street
Duluth, MN 55805
218.786.4000

Lake Superior Community Health Center

2222 East 5th Street
Superior, WI
715.392.1955

3500 Tower Ave
Superior, WI 54880
715.817.7000

4325 Grand Avenue
Duluth, MN 55807
218.722.1497

St Luke's Mariner Medical Clinic

109 North 28th Street East
Superior, WI
715.395.3900

North Lakes Community Center

7665 US Highway 2
Iron River, WI
715.372.5001

St Luke's Clinic

915 East First Street
Duluth, MN 55805
Clinic: 218.249.5555
Toll Free: 800.321.3790

Mental Health/Behavioral Health/Counseling Services

Arrowhead Psychological Clinic

715 East Central Entrance
Duluth, MN 55811
218.723.8153

Duluth Psychological Clinic

205 W 2nd St #437
Duluth, MN
218.722.2005

Harbor City Psychological
324 West Superior Street, Suite 730,
Duluth, MN 55811
218.722.4058

Northern Lights Counseling Center
324 W. Superior Street Suite 400
Duluth, MN 55805
218.740.3026 (voicemail)

Nystrom & Associates
Duluth Clinic
332 W Superior St. Suite 300
Duluth, MN 55802
218.722.4379

Duluth Mall Clinic
1702 Miller Trunk Hwy Suite 209
Duluth, MN 55811
218.524.8889

Human Development Center
St. Louis County Main Office
1401 E 1st St
Duluth, MN
218.728.4491
MN Crisis Line: 800.634.8775

Douglas County
1500 N 34th St.
Superior, WI 54880
715.392.8216
WI Crisis Line: 715.395.2259

St. Luke's Mental Health Services
220 N 6th Avenue E
Duluth, MN 55805
218.249.7000

Sexual Assault/Violence and Domestic Violence Resources

**Center Against Sexual and Domestic Abuse
(CASDA)**
318 21st Ave East
Superior, WI 54880
715.392.3136 or 1.800.649.2921

**Program for Aid to Victims of Sexual Assault
(PAVSA)**
32 East 1st St #200
Duluth, MN 55802
Crisis Line: 218.726.1931
Office Line: 218.726.1442

Wisconsin Statewide Domestic Abuse Resources Site
Domestic Abuse Information for Families (wisconsin.gov)

National Suicide Prevention Lifeline

800.273.TALK (8255)
Or call, text, or chat 988

Wisconsin Tobacco Quit Line

800.784.8669